



# ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125

515-961-3026

Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am  
Daily Mass: Wednesday - Friday 8:00 am and Tuesday 6:00 pm  
Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays while school is in session

First Tuesday of the month at Good Samaritan Nursing Home: 9:30 am

## Saturday, August 2

406: Lv 25:1, 8-17/Mt 14:1-12

3:30pm — 4:15pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas- Ann Puetz

## Sunday, August 3

### EIGHTEENTH SUNDAY IN ORDINARY TIME

114: Eccl 1:2; 2:21-23/Col 3:1-5, 9-11/Lk 12:13-21

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Clyde Slick

## Monday, August 4

### SAINT JOHN VIANNEY

407: Nm 11:4b-15/Mt 14:13-21

**NO MASS AT ST. THOMAS**

## Tuesday, August 5

408: Nm 12:1-13/Mt 14:22-36 or Mt 15:1-2, 10-14

6:00 pm Mass at St. Thomas - Bill Thomas

## Wednesday, August 6

### THE TRANSFIGURATION OF THE LORD

614: Dn 7:9-10, 13-14/2 Pt 1:16-19/Lk 9:28b-36

8:00 am Mass at St. Thomas - Dave and Jan Slick  
(anniversary)

## Thursday, August 7

410: Nm 20:1-13/Mt 16:13-23

8:00 am Mass at St. Thomas- Steve Forret

## Friday, August 8

### SAINT DOMINIC

411: Dt 4:32-40/Mt 16:24-28

8:00 am Mass at St. Thomas - Jack Kibbie

## Saturday, August 9

412: Dt 6:4-13/Mt 17:14-20

3:30pm — 4:15pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas- Larry Cutts

## Sunday, August 10

### NINETEENTH SUNDAY IN ORDINARY TIME

117: Wis 18:6-9/Heb 11:1-2, 8-19 or 11:1-2, 8-12/Lk 12:32-48 or 12:35-40

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Mike Metz

## St. Thomas Aquinas Staff

515-961-3026

Pastor: Fr. Adam Westphal ext 201  
Business Manager: Leasa Garrett ext 200  
Administrative Assistant: Michelle Helm ext 205  
Director of Religious Education: JoAnn Sayre ext 202  
Campus Ministry & Special Projects Coordinator: Trenton Priest ext 203  
Youth Minister (STAT): Diane DeWall ext 209  
Maintenance: Jack Slinker  
Housekeeper: Andrea Ooms

**Deacon Support:** Rev. Mr. Dave O'Brien and Rev. Mr. Tom Hunkele

Caring Hands: Patty Alexander ext 207

**Eucharistic Adoration with Exposition** is available Wednesdays from 9:00 a.m. to 9:00 p.m. in the adoration chapel and most Friday mornings in the sanctuary.

**ROSARY:** Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

**Liturgy of Baptism:** Parents must attend pre-baptism classes. Please call the Parish Office to register.

**Liturgy of Marriage:** Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

**Prayer Chain:** To be put on the prayer chain, call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: [pray.mysta.org](http://pray.mysta.org)

**Care of the Sick & Homebound:** Call to request the Sacrament of the Sick or the Eucharist or follow this link: [care.mysta.org](http://care.mysta.org)

**Newcomers/Change of Addresses:** [new.mysta.org](http://new.mysta.org) Please update your address in a timely manner if you move.

**Bulletin Announcements:** Information must be in by 4PM on Tuesday to Michelle Helm - [mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com)

**Office Hours:** Monday-Friday 9:00a.m.-4:00p.m.

**Parish Office:** 515-961-3026

**Website:** [stthomasindianola.com](http://stthomasindianola.com)

Saint Thomas Church Indianola IA

**For Sacramental Emergencies:** call 515-961-3026 when prompted push #7

# Father Adam's Five

FOR JULY 31 - AUGUST 6

1) Everyone should have received a mailing from St. Thomas Aquinas with important updates and a rough calendar for the next month. Extra copies are available for pickup in the back of church.

You can find the letter at [letters.mysta.org](http://letters.mysta.org).

If you did NOT receive the mailer from St. Thomas Aquinas, please update your information at [new.mysta.org](http://new.mysta.org).

2) I know I haven't talked about it much, but we are finishing up a capital campaign we started 2 1/2 years ago. The Ignite! Capital campaign is underway and has provided the funds for some much-needed facility improvements at St. Thomas Aquinas. Thank you to everyone who has contributed! We've raised 93% of the goal so far. Once we reach our goal, we will repair the St. Thomas Aquinas Statue, which has suffered wear and tear and damage over the years.

3) One of our goals for this fall is to make sure all of our parishioners have registered. Please register by going to [new.mysta.org](http://new.mysta.org) or by talking to Michelle Helm in the office at 515-961-3026.

4) We are looking to expand our ministry to our care facilities by offering a monthly Mass. I am wondering if any of you are employed at one of our senior care facilities in Indianola. If so, would you mind reaching out to [office@stthomasindianola.com](mailto:office@stthomasindianola.com)? We've heard from residents at several of the facilities and they are excited for this opportunity, but we still need contacts of people who work there.

5) Trenton Priest and I will be traveling to Washington, D.C. this week for a conference on Catholic Campus Ministry. Please keep us in prayer!

## RELIGIOUS EDUCATION EARLY BIRD DISCOUNT ENDS WEDNESDAY!!

**Sign up before August 6 to receive \$15 off each student registration. If you are a registered parishioner of St. Thomas, use code STA26 for a \$20 per child discount. Go to [FF.MYSTA.ORG](http://FF.MYSTA.ORG) to register.**

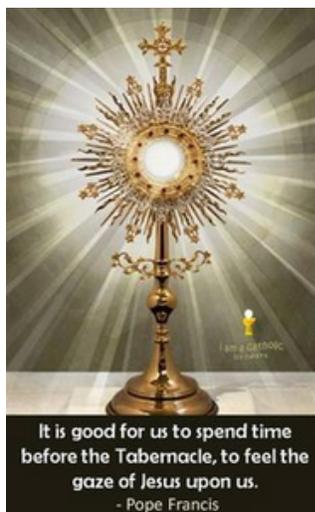
If you have any questions about the program or registration, please contact Michelle Helm ([mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com) or 515-961-3026)



## Adoration Update

We are in need of several adorers on Tuesdays and Thursdays. Father would especially like to begin exposing Jesus on Thursdays from Noon until 9pm in August and we have a few holes to cover on that day. We are still working for exposition on Tuesdays as well and are just a few short on that day as well. Oh how wonderful it would be to have Jesus exposed on the altar for adoration 3 days each week - *please God!!*

Please prayerfully consider signing up for one of these open hours. If it is easier, find a friend to share the coverage. If you are not able to sign up for adoration, then please offer your prayers that our hours will soon be filled.



\*\* note- I made a mistake on the hours needed in the bulletin last week... please note that we just need Tuesday and Thursday hours as of right now.\*\*

Hours needed:

Tuesday: 2:00, 3:00 and 4:00 pm

Thursdays: 12:00, 4:00 and 5:00 pm

To sign up contact Anitta at 515-344-7850

or via email at [spennani1976@outlook.com](mailto:spennani1976@outlook.com)



## Prayer List

*For all those in need, Linda Mullen, Aleisha Fox, Judy Garrett, Alex Lynch, Clara Hill, Bryan Bradley, Kailey Peters, Kerri O'Meara, Carol Proctor, Helen Kollasch, Deanna Bahr, Doug Andreasen, Patrick Shandley, Martin Wernimont, Joan McElroy, John Schletzbaum & all the Souls in Purgatory*

Please contact Jackie Ward at [jjward71@gmail.com](mailto:jjward71@gmail.com) or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm at 515-961-3026 or [mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com) to add or remove names from the bulletin.

## Creation Care



### Intercessory Prayer for the Earth from the Catholic Climate Covenant

We pray for your created world. You created the universe and all the lives that exist in it. The earth is filled with your creations. You make the grass, plants, and fruit-bearing trees grow, you feed the birds of the sky, you care for all your creatures on Earth. Out of your love you created human beings, give us the strength to faithfully till and keep your created world according to your will. Amen

CORNER

Anyone interested in joining the Creation Care Team can call Rita Bresnan at 515-783-0643 or go to the Church App here: <https://stthomasindianola.churchcenter.com/groups/cause-oriented-groups/creation-care> and request to join.

### GATHERING TABLE



Our next Gathering Table is Monday, August 4. Over 170 meals were served at the last Gathering Table, using up most of our stocks. Please prayerfully consider helping out with main dishes, side dishes or dessert. Items can be put in the walk in refrigerator early if you can't come by on Monday. With people traveling and school out we are in special need of servers if you could spare 1- 1 1/2 hours. Servers can come anytime between 4:45 and 5 p.m. You can sign up on the Church App on the Home page or at the following link: <https://www.signupgenius.com/go/10C0C4DA4AF2EA6FBC43-gathering>



### Bishop's Celebration

Join us for the 2025 Bishop's Celebration of Catholic Schools. Proceeds from this year's event will help meet the needs of diverse learners in our Catholic schools. Hear the inspiring message from Dr. Brandy Fieek, a nationally recognized leader in Palliative Medicine and graduate of St. Albert Catholic High School. We'll also be honoring Teacher of the Year Cindy Schwery (Shelby County Catholic School), Administrator of the Year Erica Arnold (Dowling Catholic High School), Volunteer of the Year Tomas Munoz (Holy Trinity Catholic School) and the Loffredo family, who have sent four generations of students to Diocese of Des Moines Catholic Schools. Tickets are \$100 each or \$1,000 for a table of eight. View more sponsorship options and reserve your seat at our website.



### KNIGHTS NEWS

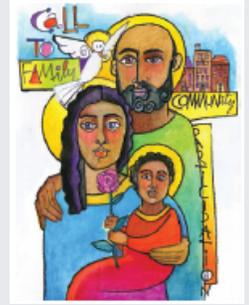


### August Events

Thursday August 14 Monthly Meeting 7 to 8PM  
Thursday August 14 CPID Day at the Iowa State Fair

All male parishioners 18 and over are always invited to attend our monthly meetings.

### CALL TO FAMILY, COMMUNITY AND PARTICIPATION



"Everyone has the right to life, to bodily integrity, and to the means which are suitable for the proper development of life; these are primarily food, clothing, shelter, rest, medical care, and finally the necessary social services. Therefore a human being also has the right to security in cases of sickness, inability to work, widowhood, old age, unemployment, or in any other case in which one is deprived of the means of subsistence through no fault of one's own."

Pope John XXIII

### Welcome to Medicare Seminare Rescheduled



The Welcome to Medicare seminar previously scheduled for June has been rescheduled for:

**Sunday, August 17  
4 p.m.**

**Multi-Purpose Room**

This seminar is for individuals approaching Medicare eligibility. Kris Gross, who has over 30 years of experience with Medicare counseling and education, will present the basics of Medicare, including who is eligible, when to enroll, Medicare benefits, Original Medicare vs. Medicare Advantage, Medicare supplement insurance and Medicare Part D drug coverage. **Registration is required by Friday, August 8.** Call 515-210-0169. Sponsored by the Social Concerns Committee and SHIIP (Senior Health Insurance Information Program).

### MISSION TRIP OPPORTUNITY

If you have been praying about going on a Mission Trip, it's not too late to join Father Ray McHenry on his annual Mission Trip to South Africa. The next trip will be January 15-27, 2026. There will be an informational meeting on Monday September 8 at 6:30 at St. Francis of Assisi in the Serra Room. You can contact Fr. Ray with any questions at: [fraydsm@gmail.com](mailto:fraydsm@gmail.com).



### Food available

For some families, summertime reduces access to meals and groceries. USDA SUN Meals Program, Food Bank of Iowa, and HHS Pantries provide free or low-cost food options during the summer months. Visit our diocesan website for more info. If you need support, please contact the Catholic Schools Office at 515-243-7653.

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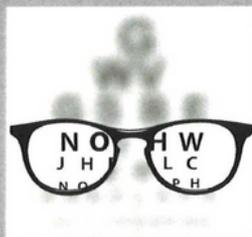
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